

The Naz Foundation (India) Trust

Activity Report: FY 2024-25

Introduction to the Organisation

The Naz Foundation (India) Trust (Naz India) was established in 1994 by Anjali Gopalan in New Delhi. It envisions a just and equitable society, built by transforming individuals from socially and economically excluded communities into agents of change. For over three decades, Naz has pioneered systemic change: beginning with work on the LGBTQ community and HIV/AIDS orphans, and going on to innovate, deliver, and mainstream HIV programmes. The Trust has ensured access to treatment and care for people living with HIV, and worked to mitigate stigma among underprivileged and marginalised groups. Naz India works to empower marginalised young women, the LGBTQIA+ community, and people living with HIV and AIDS, guided by the values of inclusion, integrity, commitment, and excellence.

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Project Details, FY 2024-2025

This report covers the activities of the Naz Care Home, Aath Kadam (an Economic Empowerment Program) and New Delhi LGBTQIA+ Centre for the financial year April 2024 to March 2025. It draws on the Centre's and Care Home's own activity reports submitted for the period.

Details of the Projects Supported

A. Naz Clinic (Medical Services)

Beyond general physician care, the Clinic offers specialists in hormone replacement therapy, sex reassignment techniques, HIV testing, and mental health, giving the community holistic, one-stop care.

Service	FY 2024-25
Medical consultations	732
HIV tests administered	108
HIV counselling sessions	242
PEP prescriptions issued	75
PrEP prescriptions issued	25

B. Naz Dost Helpline

Naz Dostline is staffed by trained queer tele-operators who support callers through relationship issues, family conflict, immediate danger to life, severe depression, workplace bias, and related concerns. Over the year, the helpline received 2,117 calls, mostly from Delhi-NCR and the rest of Northern India.

C. Legal Aid Clinic

The Legal Aid Clinic addresses workplace bias, partner rejection, housing issues, and police apathy: it informs community members of their legal rights, pleads their cases, and drafts complaint letters to relevant authorities. Over FY 2024-25, the Clinic handled 116 legal cases.

In addition, roughly 10,749 people were reached through legal awareness activities.

D. QARE: Mental Health Initiative

Counsellors assess safety concerns, family conflict, workplace issues, and relationship trauma, offering the community a supportive space to be heard. During FY 2024-25, 900 counselling sessions were offered and 714 were availed.

E. Community Outreach Programme and Training

Naz runs a wide range of trainings and awareness programmes aimed at building inclusive, informed, rights-affirming spaces for gender and sexually diverse communities. These are delivered to schools, colleges, NGOs, healthcare settings, and corporate institutions, with three recurring focus areas: gender and sexuality awareness, HIV/STI/STD awareness and stigma reduction, and mental health training on queer-affirmative support practices.

F. Naz Care Home

Naz Care Home began with one child in the summer of 2001, built on the principle that every child has a fundamental right to a loving, fun-filled childhood, with access to health, education, and a safe, stigma-free environment. During FY 2024-25, 15 children and young adults were given care and protection at the home. Of these, 11 children currently live at Naz Care Home, and 10 young adults formerly in care now live independently, still supported by Naz.

G. Monthly Support Groups

The Centre runs a variety of monthly support groups, giving different sections of the LGBTQIA+ community a safe, non-judgemental space to share experiences and receive emotional support. Across the year, 1,740 individuals were reached through 70 support group sessions.

H. Number of Beneficiaries Reached

The table below draws together the distinct service touchpoints reported across the Centre and Care Home for FY 2024-25.

Programme	Touchpoints / Beneficiaries
Naz Dost Helpline (calls)	2,117
QARE Counselling (sessions availed)	714
Naz Clinic (consultations)	732
Legal Aid (cases)	116
Monthly Support Groups	1,740
Pride at Select City Walk	300
Rainbow Mountain Festival	58
Naz Care Home (children/young adults in care)	15
Total	5,792

This total reflects service touchpoints rather than unique individuals.

Aath Kadam: Economic Empowerment Programme

Aath Kadam was Naz's economic empowerment initiative under the Young People's Initiative, designed to support young people from economically disadvantaged and marginalised communities, with a particular focus on adolescent girls and young women, to build confidence, workplace readiness, livelihood skills, and pathways towards financial independence. Naz's website identifies economic empowerment through Aath Kadam as one of the key pillars of the Young People's Initiative, alongside sport, life skills, and female leadership development.

During FY 2024-25, the programme continued its regular livelihood pathway work while also testing a new direction to deepen its relevance for young people preparing for the future. Alongside connecting community members with training partners for employability-linked skills such as hospitality, retail, and other service-sector opportunities, Aath Kadam expanded its emphasis on career counselling for students in Classes 11 and 12 in public schools. This new component helped students reflect on their interests, understand possible career and education pathways, and receive guidance on the choices available to them after school.

Because detailed output numbers for this intervention are still being compiled, this report records the year's progress primarily as a qualitative programme development. The shift towards structured career guidance marked an important evolution in Aath Kadam's approach: from supporting immediate employment linkages alone to engaging young people earlier in their education journey, strengthening their ability to imagine, plan, and pursue dignified livelihood futures.

Economic Empowerment: Khanjra

The Khanjra vertical supports transgender sex workers with an additional source of income through making and selling handmade jewellery. It aims to build financial independence, reduce economic vulnerability, and create sustainable livelihoods, while celebrating community members' creativity and entrepreneurial potential.

No participant or revenue figures for Khanjra were included for this period.

Naz Care Home and After Care Programme Statistics

Residents and Care Continuum

15	Children and young adults given care and protection during FY 2024-25
11	Children currently at Naz Care Home
10	Young adults living independently, still supported by Naz

Education, Health, and Care

- 2 children are in regular schooling (Class 11 and Class 6).
- 1 young adult is in a 2-year vocational diploma programme in Mathura.
- 1 young adult is in hospitality vocational training at Saathiya, Bangalore, now on the job after completing basic training.
- 2 children with special needs are supported by a special educator and a tutor.
- 3 children receive physiotherapy at Vardan.
- 100% of children are on Anti-Retroviral Therapy, registered at the AIIMS ART Clinic.
- 2 children took part in a YPI gender equality advocacy campaign.
- 6 people make up the dedicated care team: a Coordinator, a Social Worker, three Caregivers, and a Physician.

Impact Stories

Case Study:

Dhruv (Name Chnaged), a 20-year-old gay man, visited Naz Clinic in Delhi for HIV and syphilis testing before engaging in unprotected penetrative sex with his boyfriend, wanting certainty about his health status. He tested positive for both HIV and syphilis. While the diagnosis was a significant shock, Dhruv handled it with remarkable maturity. Naz Clinic immediately connected him with a doctor and provided all necessary tests and counselling free of charge, and the in-house counsellor supported him in discussing the diagnosis with his parents. Dhruv is now preparing to share the news with his partner and has asked for Naz's help in mediating that conversation. His experience underscores the importance of regular sexual health testing: the Clinic offers testing every Saturday, with a doctor available Wednesdays and Saturdays.

Case Study: Child 'R' (Naz Care Home)

Child 'R', a female orphan living with HIV, was found locked in a room along with her sister, Child 'S'. Both were placed in "Ashadeep" in Lal Quan, Ghaziabad district, Uttar Pradesh. Child R was in a critical condition, medically known as Altered Sensorium, with no control of her limbs and a cerebral infection causing brain damage and speech disability; she was identified as mentally challenged. After treatment at several hospitals, she was moved to AIIMS, New Delhi, where doctors believed she would not survive. She was then brought to Naz Care Home, where, over time, she responded to the care given, and today is able to walk and express herself.

Naz Care Home's continued operation relies heavily on a dedicated corps of volunteers, who regularly engage with the children through cultural, educational, and recreational activities, including tutoring in English, Maths, and Science, along with art, cooking, and storytelling. The Centre and Care Home also maintain relationships with institutional partners, among them the AIIMS ART Clinic, Vardan for physiotherapy, the Centre for Behavioural Science, and vocational training partners such as Saathiya Bangalore, who help sustain care and skill-building beyond any single grant cycle.

Conclusion

During FY 2024-25, the New Delhi LGBTQIA+ Centre, Aath Kadam and Naz Care Home together sustained a wide range of services: medical care, mental health counselling, legal aid, a round-the-clock crisis helpline, monthly support groups, and residential care for children living with HIV, reaching thousands of touchpoints across the community. Continued investment in these integrated services remains central to Naz's mission of transforming individuals from marginalised communities into agents of change.

