

THE NAZ FOUNDATION (INDIA) TRUST
ANNUAL REPORT
APRIL 2011 TO MARCH 2012

CARE HOME

The Naz Care Home began with one child in the summer of 2001. Now, eleven years later, it is a thriving home for 28 children living with HIV. In an atmosphere of love and care, we provide a safe and supportive environment essential for children. The Care Home provides quality medical care, counselling, educational opportunities and a wide range of creative activities to foster the personal growth of the children.

2011-2012 has been the year of many changes. We have watched a few of our children grow and move on to new places and welcomed new members into our hearts and home.

Children's Progress Report

Tushar, who attends MCD School, has shown improvement. He is concentrating on his studies and easily achieves his monthly IEP Target (a short term course where he makes four letter words in Hindi). He was admitted in MCD School after his teachers at special school suggested that Tushar should be put into a mainstream school.

Kittu, or Ketika, who came to the Naz Care Home in 2009, was adopted by a Swedish family in October 2010 at the age of two years. She has adjusted well in her new home with her family. She loves to play outside in the snow. A team from Naz visited Kittu in May 2011.

Meena, who suffers from PML (Progressive Multifocal Leukoencephalopathy), a progressive brain disorder, has been regularly going to special wing at MCD School. She does physiotherapy at home; studies with tutors in the evening and does yoga thrice a week. The special educators at school are very impressed with her progress. She has gained weight, is more attentive in class and can easily walk on all fours. However, Meena continues to have mood swings. She has been evaluated and medically has no problem. Between 2011 and 2012 she has shown lot of progress. She can stand up with support.

Manu was attending special school at Deepalaya. The 17 year old was assessed by an evaluator from Sun Foundation who suggested that Manu be put into a vocational course that would enable him to earn a decent living in the future. In April 2011 he was enrolled in tailoring at Karam Marg, an NGO in Faridabad. Manu is enjoying and doing well there.

Saurabh Singh who turned 18 years in 2011 has also been enrolled in vocational training at Karam Marg. Saurabh has shown lot of potential and might be absorbed as the Computer Teacher at Karam Marg in the near future.

Kamran, a six year old boy joined the Naz family in April 2011 after the death of both his parents due to HIV related illness. He was very mature for a six year old. We saw him making a special place in all our hearts. With his typical Kashmiri accent, he was very proud when he called himself "Kamran Akhmal India Chakka". Unfortunately, his tiny body had gone through much pain before coming to Naz. After months of being in and out of the hospital, Kamran passed away on 16th September 2012.

Siblings **Pooja and Mohit** came to live at Naz after their parents' death. We have successfully restored the two siblings to their families. Both were very happy to go back with their maternal uncle.

New additions

Khushi - Five year old Khushi was brought to Naz by her uncle in August 2011 from Meerut. She was left due to her HIV status. The child was severely malnourished, very aggressive and hated any human contact. Today Khushi is one of the happiest kids in the care home. She is very head strong, has gained weight and is growing tall. She is being home tutored for now and has adjusted well. Khushi and Deepa share an unbreakable bond.

Priyanka - On 28th December 2011, Naz opened its doors to 9 year old Priyanka from Kolhapur, Maharashtra. Pihu as we call her has never attended school regularly as she was taking care of her mother, who passed away in the beginning of December 2011. She was referred to Naz Foundation. Priyanka feels comfortable in her new home and has already made many friends. As the sensitive and friendly girl, she cares for her siblings. Being here at Naz is the first time her care is the main focus, rather than her taking care of others.

Seeta re-joined the Home on 18th January 2012. She has bonded well with younger girls and is often seen playing, colouring and running around. She has a passion for dancing and has been enrolled in dance class twice a week and yoga classes thrice a week. She has received lot of appreciation for her skills in doing yoga. Seeta has been enrolled in MCD School.

Sonu was one of the children who was reunited with her maternal grandparents in 2010. After one year, due to discrimination within the extended family, the child has come back to live at Naz. She feels safe and loved in the care home. She has shown amazing change and spirit. She is focused and wants to study and become independent; she does not want to depend on her extended family any more.

Academics

All the children in the care home attend mainstream schools. The excellent academic achievements of our children have continued this year. All of them scored very well in their exams throughout the year. They appeared for their annual examinations in March and those who got their results have successfully been promoted to their respective new classes.

Saurabh Singh appeared for his board exams in 2011 and scored 72%. He is continuing with his studies from open school as he completes his vocational training. Seventeen year old Akhil appeared for his 10th board in March 2012. Prashant appeared for 9th board exams and we are all eagerly waiting for their results.

Volunteers

A lot of activities have taken place at the Care Home, led by volunteers from many different countries and walks of life. College students, pupils from the American Embassy School and professionals from all over the world have volunteered at Naz Care Home over the past year. They have involved our children in craft making, drawing, painting, playing as well as academics. The children have thoroughly enjoyed their company and the attention they received.

Events and Outings

Mr. Rahul Gandhi visited the Naz Care Home on 25th October 2011. The children were very excited and enjoyed talking to him. Mr. Gandhi interacted with all of them at leisure. They asked lots of questions about his work, life and future plans. Children sang and danced while the younger ones decided to recite poems. He encouraged the children to show him around the care home and asked questions about Naz, its history and areas of work. It was one of our most memorable moments.

October 29th turned out to be another day of excitement and fun for all of us when Lady Gaga walked into the care home and treated all the children to penne pasta, spaghetti with tomato sauce, muffins and cookies. Lady Gaga brought with her lots of canned food, packaged pasta, juices, play station, books, footballs, movies, toys, a DVD player and the most awesome - a 65 inch television for the care home! The children enjoyed showing her around the care home, taking pictures with her. She sang her latest hit ***Born This Way***.

On 1st of September, 2011, the French Ambassador along with his colleagues visited Naz. The Ambassador treated our children to French breads, donuts, puffs and croissants. He handed over signed copies of Ms. Carla Bruni's latest music album to all the children and staff.

On 10th February 2012, a delegation of French Parliamentarians visited Naz Foundation to honour Ms. Anjali Gopalan with a Human's right Medal for her work and dedication in the field of HIV/AIDS. The medal was given by the French Ambassador on behalf of the Prime Minister of France. It was a moment of sheer happiness and excitement for all of us. There was interaction between the children and the visitors and they were treated to French delicacies like pastries, cookies and muffins.

On 30th April, all the children planned and organised a visit to Red Fort and Chandni Chowk. It was sponsored by the Inner Wheel Club, Civil Lines. Besides having an amazing time, they brought little souvenirs for rest of the staff and shared their experiences.

From 17th to 20th June, 2011, ten of the older children visited the hill stations Dharamshala and Macleodganj with the Peer Education team. They participated in capacity building sessions. Prashant and Akhil took session on peer pressure and HIV/AIDS.

June was filled with activities and enjoyment for the children. They watched Kung Fu Panda 2, organised by one of our regular volunteers at Satyam. On 29th June, they went for an outing to Splash Water Park. They were very excited plunging into every pool and taking every slide. The lunch was organised at the Water Park after which the children jumped back into the pools.

On 23rd July, all the children watched Harry Potter, Deathly Hallows Part 2, at Satyam Plaza. Since the children had watched all the previous parts, they were only too excited to watch the last part. On 13th August, the children celebrated Rakshabandhan - the bond between brothers and sisters at the Home and later visited Karm marg.

All the children joined in the Durga Puja celebrations on the 4th of October at the oldest puja in the city at Kashmere Gate. They enjoyed watching the big Durga idol and eating the special khichdi. The Diwali celebrations took place on the 26th of October. The children enjoyed a special South Indian lunch, firecrackers and a special dinner sponsored by Rahul

Gandhi. On 28th of October Bhaiya Duj was celebrated with all the girls putting tilak on their brother's forehead.

The Sun Shine group from Delhi sponsored an outing for all the children and treated them to delicious snacks at DLF Select City Walk. Two of our older boys Akhil and Prashant participated in the Airtel marathon.

In the chill of January, the entire Naz family celebrated Lohri on 13th Jan 2012. It was a special occasion as we enjoyed eating popcorn, rewri and peanuts together. The warmth from the Lohri bonfire filled our hearts with love and gratitude.

On 22nd January, the children went for an outing. Mr. Navin Gupta, one of our Board members, and staff of HSBC invited our children for ice skating at Ambience Mall. The children laughed and had a good time as they tumbled while skating. Each one felt they had mastered the art of figure skating!

On 15th February 2012, children from Naz and Satyakam, Meerut, went for a Delhi tour, which included Humayun's Tomb, Lotus Temple, India Gate and Children's Park. The trip was full of enjoyment and fun. The same day four of the older girls (Sonu, Ritika, Babli and Anisha) went to Dilli Haat with Anuradha Mukherjee, Programs Manager and the counsellor. It was a different experience for them. The girls enjoyed watching stalls from the states and tasted food from them. They enjoyed shopping at Dilli Haat.

Educational Sessions

Sessions were conducted with the children and staff on several topics, from relationships and trust to personal hygiene to roles and responsibilities. The children had many suggestions regarding positive change, behaviour and planning their futures. All these sessions served as fun, interactive platform for the children to learn about their relationship with their own bodies and different aspects of their world.

Sessions with the Care Home Staff

Lack of knowledge along with risky behaviour, continues to be one of the reasons for the increase in the number of HIV infections, specially among the youth and women. The misconceptions related to HIV/AIDS have increased over the years, which have further led to stigma, discrimination and fear. For this reason, it is important for everyone to stay informed and understand how HIV can and cannot be spread. Sessions were repeated throughout the year to update the information.

HIV/AIDS basics: This session was conducted with new caregivers with the aim of building their capacity in terms of their knowledge on the issue of HIV/AIDS. The caregivers take care of children, spend most of their time with them. It is very essential for them to know about HIV that can enable them to take good care of children and leave no room for stigma and discrimination.

Universal precautions: The medical doctor conducted an interactive session on universal precautions with caregivers and staff of the Care Home. It revolved around the importance of taking precautions while caring for children living with HIV. The facilitator discussed in

detail and demonstrated use of gloves, cotton, how to dispose off dirty cotton etc. The caregivers highly appreciated and participated in the entire session.

Child behaviour: Children need attention and a loving, stable relationship for their healthy development. All children have episodes of bad behaviour, some more frequently and severely and others less. It provided an insight into child behaviour and parenting techniques were taught to the caregivers to help them improve behaviour. It helped them understand emotional and behavioural disorders or needs of children with practical ideas for management.

Group sessions with the children

Group sessions with the older boys and girls have been conducted to provide them with the knowledge, interpersonal skills and positive attitude, self-image that will enable them to lead healthy and productive lives. Sessions and activities with children in the age group 5-17 years are being conducted twice a month. Topics for the sessions emerge from issues at school, home, personal relationship, children's interest or issues related to growing up. Children face challenges of growing up; hence it needs to be dealt with constructively. Issues of sexuality were taken up separately with boys and girls, where they were taught about their boundaries and respecting each other's space and privacy.

Positive role model: Children in the age group of 11-17 years had discussion with an HIV positive person. The guest speaker shared about his life and achievements inspite of being positive. He told them about his different experiences, how he leads a healthy and successful life and his tour around the world. He encouraged children not to be ashamed or scared of their status. He asked them to believe in themselves instead of feeling bad about being positive as it is like any other chronic but manageable diseases like diabetes or hypertension. This session was highly appreciated by all children as it gave them hope and inspiration to fulfil their dreams.

HIV/AIDS basics: A session on HIV/AIDS basics was conducted with children in the age group of 11-17 years old. Its aim was to assess children's knowledge on basics of HIV, its mode of transmission, prevention and precaution.

A refresher session was facilitated by children with in the age group of 12-17 years. They discussed four modes of HIV transmission, precautions and ART adherence. Towards the end the group felt, that this refresher session on HIV helped them have a better understanding of the terms, modes of transmissions and myths and misconceptions.

Child rights: The facilitators from Haq conducted a series of three sessions with children on rights. It involved topics such as difference between want and need, the rights of children.

Good and bad touch: As part of the discussion on good and bad touch, the children were spoken to about their private spaces and how no one can enter those without their permission. Children were told about what to do if they feel someone is violating their privacy, whom to contact and immediate steps to be taken. It was followed by series of follow up sessions on this sensitive issue.

Behaviour: Children in the age group of 3-7 years are full of energy and tend to be impulsive in their actions. This session laid the guidelines for promoting good behaviour in children not only at home but in public places as well.

Nutrition: All children require good nutrition. This session was organised for children in the age group of 7 to 16 years. All the children discussed and prepared a nutritious diet chart. Each child came up with different food items that were nutritious and he/she would like to eat and was delicious.

Female bodies and menstruation: Since the girls are growing, Naz understands the need to teach them about their bodies and its function. The older girls have had session on the same in school. This helped in assessing the knowledge of girls, talking about our bodies and its changes and helped in dispelling myths about menstruation. There have been two follow up sessions with the girls on this topic.

Health and hygiene: It defined health and the difference between personal and community health. The facilitator explained the role of nutrition, physical exercise, rest and sleep, cleanliness and medical care in maintaining good health. The group discussed that to keep themselves free from diseases and to have good health, they should be careful about hygiene.

Body parts: The children learnt about the different parts of the body in the form of a song. The activity was fun and interesting. It was linked with the importance of healthy eating, healthy body and functions of different body parts.

Adolescent issues: A series of sessions were organised for children in the age group of 11-17 years on sexuality - on what they understood about the terms sex, gender and sexuality. Problems of identity, sexual development and peer-group relationships were discussed.

HOME BASED CARE

The Naz Foundation (India) Trust has been running a Home Based Care (HBC) programme since 2001 with the support from various funders. This programme provides psychosocial and nutritional support as well as training for People Living with HIV/AIDS (PLHAs) and their caregivers.

The *Lakshmi and Usha Mittal Foundation* and The Naz Foundation (India) Trust project ***Mainstreaming and Social Rehabilitation of Children Living with HIV/AIDS*** was a new initiative this year. The programme was initiated in August 2011 with the following objectives:

- Improve physical health of CLHA
- Train caregivers and/or family members to take care of infected and affected children
- Provide proper nutrition, manage opportunistic infections, ensure adherence to ART.
- Create linkages and networking with available medical, legal and educational services.
- Creating awareness among the community about HIV
- Lobby for the rights of the CLHAs with policy makers at national and state (Delhi) level.

The programme team started working in the field extensively from September 2011. The counsellors visited paediatric ART centers at different hospitals in the city. A process of screening of children took place and those selected were assessed during *home visits*.

The first home visit is made in order to conduct a baseline needs assessment of the family and to make further plans to support the client (CLHA) and their family. The follow up monthly home visits are planned to provide psycho-social support to the family

CHILDREN

The team reached out to a total of 38 CLHA, including 12 girls and 26 boys in the period September 2011 to March 2012.

Age group	Girls	Boys	In school		School Dropout		Single parent	Both parents	Orphans
			Girls	Boys	Girls	Boys			
0 - 5	5	2	1	0	4	2	3	3	0
6 - 10	3	11	3	9	0	2	8	4	0
11 - 18	4	13	0	11	4	2	4	6	6
Total	12	26	4	20	8	6	15	13	6

Most of the children come from single parent, very low socioeconomic family background and are migrants from UP and Bihar. The men are rickshaw pullers and the women work as domestic helpers.

OUTREACH ACTIVITIES

The programme has been liaising with eight ART Centres to enable referral of clients to the HBC programme. Two of the outreach ART services have been withdrawn - Lok Nayak Hospital and Guru Tegh Bahadur Hospital.

Following are the sites presently covered by the programme:

- Ram Manohar Lohia Hospital

- All India Institute of Medical Sciences
- Kalawati Saran Children's Hospital
- Lala Ram Swarup Institute of Tuberculosis and Respiratory Diseases
- Deen Dayal Upadhyay Hospital
- Baba Saheb Ambedkar Hospital

Outreach Visits

Counselling at outreach centers

From September 2011 to March 2012, a total of 200 families, including CLHA, were rendered on-site counselling services at the ART clinic on issues like starting ART, its adherence and side effects, role of nutrition, depression and psychosocial issues, managing OIs, positive living, discrimination among others.

HOME VISITS

A cumulative total of 107 home visits were conducted by the counsellors during this period. Approximately 7-10 visits per month were made by each counsellor on this programme. Counselling was provided to 115 CLHA and 147 caregivers present at the time of home visit.

The issues which surfaced during home visits were:

1. **Income Generation** - Income generation has emerged as an issue of primary concern amongst the caregivers as they are trapped in a vicious cycle wherein they are not able to work efficiently due to their ill-health. They are unable to provide proper nutrition as they have no regular source of income to cover medical costs and basic needs. The HBC programme is making an effort to engage clients in income generating activities and has liaison with an organisation called Student in Free Enterprise (SIFE).
2. **Health Issues** - Tuberculosis, diarrhoea, fatigue, headache and anaemia are the common health problems among the CLHA. Some of them were hospitalised for a period of two days to a fortnight. One of the clients has developed resistance to the first line ART and has been started on second line treatment.
3. **Children's Education** - Education of CLHA is hindered due to ill health and repeated opportunistic infection which leads to school dropouts. To arrange school and tuition fees, books, uniforms, stationery is not feasible for the clients. Moreover, at times children do not have an appropriate home environment for studying.
4. **Fear of discrimination and stigma following disclosure of status** - Many caregivers were found in the grips of phobia of getting discriminated and stigmatised if they disclosed their and their children's HIV seropositive status to their family members or to the school authorities.
5. **Ration support** - We have been providing ration and material support to these CLHA and have been networking and liaising with individual donors and supporters to be able to obtain ration supplements for the families. On an average we have provided ration and nutrition support to 20 families on a monthly basis. This included wheat flour, rice, mustard oil, salt, sugar, nutrela (soya chunks) and pulses (dal). Some of the families received clothing and blankets.

Events:

Skill Building Session is being organised every month for the caregivers since November 2011. The sessions are based on the issues recognised during the home visits by the counsellors. Most of the children under the project have been newly diagnosed and their caregivers are unable to understand the infection and how to cope with it. Hence it was decided that the sessions would focus on the basics of HIV/AIDS – modes of transmission, myths and misconceptions, safer practices and importance of hygiene. Caregivers participated and shared their experiences and shortcomings. We distributed toiletries to inculcate healthy habits in children and adults.

An external resource person from **MARG** was invited to conduct session with children on child rights in month of February 2012. Based on the feedback from the resource person and keeping in mind the importance of child rights, a series of sessions has been planned for the caregivers and the CLHAs with HAQ - Centre for Child Rights. Two were conducted in the month of March. A cumulative total of 120 caregivers and 59 CLHA have participated and shared their experiences and shortcoming.

The younger children had fun activities - arts and craft, drawing, colouring and sports.

Networking and Advocacy

- Love Faith and Action Trust - We linked some of our clients, who were in need of essential support, to this non-profit organisation.
- **Students in Free Enterprise (SIFE)** - a group of students from Delhi University helped the community learn simple skills to supplement their existing income. they have been teaching our caregivers to make recycled paper bags and providing them necessary material.

Naz India is part of the pressure group working towards ensuring the smooth passage of the HIV/AIDS Bill in the Parliament. The Bill aims to focus on rights of the PLHA on care and treatment. We represent the children's community within the core group. Lawyers Collective has drafted the Bill and is working with NGOs and community based organisations to ensure the rights of the people living with HIV.

Kalawati Saran Children's Paediatric ARV centre – The paediatric ARV centre celebrated their fifth anniversary on November 30, 2011. It was inaugurated in November 2006 by Mr. Bill Clinton and Naz India has been supporting the hospital since then. This year we organised fun and games for the children enrolled there like banana race, biscuit race, peanut cracking race, sack race and quiz on HIV for parents and caregivers. The children enjoyed participating in the events and everyone received prizes.

Great Delhi Run The Naz Foundation team participated in the 4th Airtel Delhi Half Marathon on 27th November 2011. The group participated in the Great Delhi Run and successfully covered a distance of six kilometres.

The programme is in the process to equip the caregivers and the CLHA, especially the new ones, to manage HIV. Their social as well as emotional and psychological issues are being supported by our counsellors. At the same time, the programme has strengthened its credibility at the outreach sites as counsellors there are referring more clients to us.

GOAL
ASOP and SCB funded programmes

The year 2011-2012 was a year of capacity-building, training and staff exchange for the Goal programme. The programme reached out to **1,921** girls across three cities – 1,410 girls were enrolled in 7 sites in Delhi, 6 in Mumbai and 5 sites in Chennai through direct intervention. A new indirect intervention Goal Saheli was experimented with 511 girls in the year.

Report Period Data

Enrolment: April 2011 - March 2012

City	Site	Reach
Delhi	Goal Champions	19
	Goal Saheli	20
	Peers reached through Goal Sahelis	285
	Aali Gaon	50
	Jaitpur	65
	Deepalaya, Govindpuri	46
	Deepalaya, Sanjay Colony	20
	Abhas	100
	Govt School, Madanpur Khadar	200
Molar bund School	200	
		Total: 966
Mumbai	Goal Champions	23
	Goal Saheli	13
	Peers reached out by Goal Sahelis	42
	Globe Mills Passage School	36
	Asha Sadan	34
	Master Sheetal Das Punwani Tutorial + VBM School	87
	Vidya Vardhini, Sight Savers International	66
	Nutan Vidyalaya	137
Trombay Public High School	83	
		Total: 485
Chennai	Goal Champions	15
	Goal Thozhis	17
	Peers reached out by the Goal Thozhis	184
	Thoraipakkam Municipal School	96
	Avvai Home, Adyar	50
	Bharath Dass Matriculation School	80
	Kannagi Nagar Community	60
		Total: 470

Sites: Goal was launched in four new locations across the three cities: two in Mumbai and one each in Chennai and Delhi. In Mumbai Goal was launched in the Nutan Vidya Mandir and the Trombay Public High School in partnership with Vidya Vardhini Foundation. The Trombay Public School has a higher secondary school and junior college with children predominantly from Muslim migrant families. The community inhabitants are engaged in *jari*

work and are daily wage labourers. The Goal Programme was launched in the month of February 2012 with 83 girls.

Goal Chennai launched the programme in a new site in partnership with the NGO, Centre for Women Development and Research (CWDR). CWDR has recommended that Goal be rolled out in a community nearby called Kannagi Nagar which is easily accessible for the Thiruvannamur girls. A new batch of 80 girls has been enrolled at Kannagi Nagar.

Goal Delhi launched the programme on 7th of February in Sarvodaya Kanya Vidyalaya at the Molar band community in the vicinity of Jaitpur. A unique feature of this site is that more than 7,500 girls study in this school from the classes VI to XII. The school has a huge ground, but has no staff for sports, lifeskills and other co-curricular activities. The Principal of the school was inspired listening to experience shared by the Principal of the Madanpur Khadar School and asked for Goal to be delivered at the school.

Lifeskills modules: The girls across the sites were taken through the four modular curriculums. The Standard Chartered Bank volunteers assisted the Goal teams in delivering the exercises on HIV and Financial Literacy, which covered managing money, concept and challenges of saving, art of budgeting, needs and wants and ways to make money. The girls benefited and realised that even they could make decisions around money at their age. All the girls were taken to visit a bank branch where they witnessed various banking operations and were explained about savings account, withdrawal and deposit.

Netball: Apart from regular sessions in the sites, various netball related activities were organised through Australian Sports Outreach Program (ASOP).

Goal Mumbai Netball Cup: Goal Mumbai organised the first ever netball tournament in the city with 270 girls from 6 sites. The objective was to provide the girls an opportunity to take part in an organised Netball event. It involved many rounds of matches between the teams, represented by 10 best players from each site. The final match was held on 18th Feb 2012 at Jhoola Maidan, YMCA, in Mumbai. 60 players who earned their seat in the tournament from the Goal Mumbai Netball School League played in the round robin format.

Goal Delhi League Match: Goal Delhi organised series of inter-site Netball matches from August 2011 to March 2012. In this format each team played ten times and collectively 30 matches were played among six teams. It gave our girls a space to prove their Netball skills in an organised and competitive manner.

Master Train the Trainer in Netball: In the month of November 12 coaches underwent Master Train the Trainer's workshop in collaboration with Netball Australia through the ASOP. The workshop focused on accrediting the coaches as Community Sports Coaches to enhance their skills in delivering inclusive and high quality Netball Coaching. Carol Byers, Coach and Athlete Development Manager and Stacey O'Neill, Participation Manager Netball Australia facilitated an intensive training with the coaches.

International Netball training - Through the ASOP, Ms Olivia Philipott, International Development Manager, Netball Australia, joined the Goal programme for 3 weeks in March – April 2012 for mentoring programme. She started her journey with the Mumbai programme where she spent a week with the team. Later she joined the Chennai team for 4 days and in the last leg she joined the Goal Delhi team.

Events and Workshops:

- **Generate programme with Thomson and Reuters** - A 6 weeks Capacity Building Workshop called 'Generate' was conducted by Thomson & Reuters from October to December 2011. Six professionals from across the global offices and businesses of Thomson & Reuters participated in the leadership programme for staff with leadership potential. In the 6 day workshop conducted for the 6 staff members in Mumbai, the resource people helped the team understand the concept of scale and to look at the programme from a business model. This was the first time the coordinators came together on a common platform and shared best practices and addressed challenges as a team.
- **Standard Chartered Mumbai Marathon:** 30 Goal girls and staff took part in the Dream Run of the Standard Chartered Mumbai Marathon. The Goal contingent held placards on the curriculum and highlighted the need to empower women, educate girls and give them opportunities to play sport and develop. One staff took part in the half marathon.
- **Down to Earth:** In January, 30 girls participated in the interactive games/sports day organised by Down to Earth. Children from many NGOs took part in the meet where they got a chance to interact and make new friends. This event provided girls an opportunity to learn team building and spirit of fair play.
- **International Award for Young People** - Goal has been connected to the IAYP training and adventure programme through the ASOP. Each year youth leaders will be selected to undergo various levels of the Awards programme. Ten young leaders from three cities underwent the Award Leaders Training and Gold Level Expedition at the Rocksport Tikkling Camp in Gurgaon from 26th to 29th December along with participants from ASOP partners. Vivek and Jaya attended Award leaders as well as Training of Trainers programme.
- **Participation in the Maidan Summit in Delhi** - The team participated in the Maidan Summit conference organised by Magic Bus and ASOP on 1st of December. Goal also participated in the workshops on S4D and health on 2nd and 3rd December. The conference provided an opportunity to meet and connect with other sport for development organisations and practitioners.
- **Women Win Panel Event** - Women Win, the Netherlands based charitable organisation partnering Standard Chartered Bank on Goal, invited the National Coordinator of Goal India, Kalyani Subramanyam to participate in a Panel Event on the occasion of Women's Day in London. Kalyani spoke about the Goal initiative and the significant impact of sport on the lives of girls and young women.
- **Capacity Building through Coach Exchange and Staff Exposure** - With support from the ASOP, a staff exchange/exposure visit programme was organised across the three cities. It provided a platform for staff members to share best practices, learning, knowledge and understand the challenges.
- **Participation in the Girl Power Through Sport workshop:** Kalyani participated in the Girl Power Through Sports workshop organised by Women Win in February, which was

attended by organisational leaders from sport, development and women's organisations in Bangladesh, Nepal, India, USA and The Netherlands. Kalyani made a presentation on Goal - the implementation strategies, challenges in the field, engagement with the Standard Chartered staff volunteers and their contribution to the curriculum.

Economic empowerment

Five participants have been placed in traineeships in Standard Chartered Bank (3 in Delhi and 2 in Mumbai) where they are receiving on the job training, mentoring and on completion of the internship they will be assessed to see if they can be absorbed in the business in regular positions. Series of review and feedback meetings were conducted with the Custodial services and Cres team in Mumbai for interns Chhaya Gaikwad and Lakshmi Ghosalkar and in Delhi with the CMS/GTO team for interns Pooja Singh and Sonam Namdev.

Standard Chartered Bank Employee Volunteering: The SCB staff use their core skills to develop and deliver modules, mentor participants, volunteer at community events and participate in other activities.

- **Computer literacy Session for Goal Champions:** The IT team had started off with their volunteering in Mumbai with a donation of five computers for the office. They set up the systems, which would be used by the programme assistants and Goal Champions to enhance their computer skills.
- **Delhi English Access Classes -** The SCB volunteer restarted English access classes from May for 40 girls at Aali from 3 to 4 pm on Mondays and Thursdays. The 14 days English module was completed in the month of July 2011.
- **Personality Development session with Goal Champion:** Karuna Bhatia, organised a Personality Development workshop for the Goal Champions by a senior MANCO member Srinivasan Iyengar. His session focussed on the importance of knowing one's inner self and capitalising on individuals' strengths.
- **Clothes Drive:** Kriti Sud from Corporate Affairs, Mumbai, conducted an email drive across SCB Mumbai where she sought support from colleagues to donate office clothes and accessories for the girls who are working or placed in internship. Her efforts received a great response and many cartons of clothes, bags and accessories were collected which were distributed to the girls in Mumbai and Delhi helping them to be dressed appropriately for their work environment.
- **Distribution of shoes:** The staff volunteers from CMS put together resources to purchase shoes for 45 participants of the Bharath Dass School. The volunteers distributed the shoes to the participants at the site.
- **Distribution of shoes and sponsorship of computer education:** The team from Transaction Convenience had sponsored shoes for all the Mumbai girls. In this quarter the volunteers distributed shoes at the sites. This group has sponsored the computer training and stipend for two of the girls: Rohida Pathan and Babita Chaurasiya. They have finished their basic course in computers and now enrolled for the advance course of programming in C and C++ in NIIT.

REDUCING STIGMA AND BUILDING CAPACITY IN ORPHANAGES TO HOUSE ORPHANS LIVING WITH HIV

The Naz Foundation (India) Trust in collaboration with the Adoptionscentrum, Sweden, initiated the training programme *Reducing Stigma and Building Capacity in Orphanages to House Orphans Living with HIV* in January 2010. We have entered the third and last year of the project.

Training Workshop

During this period the team did needs assessment and training workshop with some of the prominent orphanages. Based on the findings, we organised training workshop with the caregivers of the institution. Some of the organisations are:

Karam Marg, Faridabad - Two of our adolescent children were sent to Karam Marg to learn vocational skills. It was the first time that the organisation was providing care to HIV positive children. In our needs assessment we found gaps in information level so we planned a workshop with them.

Satyakam, Meerut - The organisation started a care home for positive boys a couple of years ago and needed training for the staff. On the basis of the needs assessment we did couple of sessions on HIV/AIDS, hands on care, adolescent issues and nutrition.

Salaam Baalak Trust, Delhi - The organisation works with street and working children and have care home for children. However they provide emergency care to children with HIV referred by St. Stephen's Hospital. We conducted session with them to make them understand the component of care for HIV positive child. After our session the organisation sheltered a HIV positive child in their care home.

Tara Children's Home, Gaya, Bihar - We are working with the institution since last year. A follow up session on lifeskills education was conducted with the caregivers.

Haryana Rajya Bal Griha, Karnal - The Haryana government runs a home for boys in Karnal. After the unfortunate incident of Drone Foundation in January 2012, six of the boys were shifted to the institution. The institution had no experience to deal with HIV positive children. In our needs assessment, we felt the need for training workshop and the management also wanted the same. In the month of March we initiated the trainings with them.

Bharat Vikas Sangh, Rohtak - This Rohtak based organisation works on various women related issues like trafficking, honour killing, runs the Childline and a care home for girls and women. Following the incident at Drone Foundation, the girls were shifted to this care home. The team realised during the needs assessment that the staff was not trained and there were misconceptions about the infection.

Advocacy

Naz India has been actively advocating for the rights of the people living with HIV for years. During the last year Naz India along with other stakeholders has been advocating for the

passage of the HIV/AIDS Bill, has input into the National AIDS Control Programme IV (NACP IV) and been part of various committees and deliberations looking into issues related to the rights of people infected and affected by HIV/AIDS. These processes led to bringing together various stakeholders – Health Ministry, NACO, Planning Commission, government officials, organisations and activists working on HIV, young people, lawyers, networks of positive people among others.

We reached out to many government institutions like *Haryana Institute of Public Administration (HIPA)*, *National Institute of Health and Family Welfare (NIHFW)*, *National Institute of Public Cooperation and Child Development (NIPCCD)* and *National Human Rights Commission (NHRC)*. We were part of representative of civil society in *National AIDS Control Programme IV (NACP IV)*, *Forum of Parliamentarians on HIV/AIDS (FPA)*.

We also conducted sessions and interacted with the SOS village, V.V. Giri Labour Institute, Aman Biradari, St. Joseph's Hospital, Child Welfare Committee, Indian Institute of Home Economics, Montfort School, CASP Plan and V CARE.

The Congress leader, Mr. Rahul Gandhi, was informed about the HIV/AIDS Bill during his visit to the care Home in October 2011. We have been advocating with him to change the ARV regime being provided by the government hospitals. Stavudine based regime is leading to a lot of side effects in our children, including lipodystrophy and sunken cheeks. These side effects are so visible that we have been getting queries from the schools. We have been asked by their teachers if the children were being fed properly. This adversely impacts our children. We have been asking if the children could be put on the alternative Tenofovir based regime.

The Sense International India based in Ahmedabad in the western state of Gujarat works on multiple disabilities, specifically with children who are visually and hearing impaired. Every year they organise a national workshop with special educators and this year they wanted to focus on sexuality. On 14th September a training of trainers' workshop was organised with 30 counsellors and special educators from across the country on how to deal with and address adolescent sexuality issues. The need for the session came from the educators themselves as they felt that adolescent boys and girls were expressing their sexual desires and they were unable to provide the right information or deal with their issues. It was all the more important in the context of HIV where young people need to be equipped with the right information at the right age. This was the first time that we organised a workshop with groups working on disability and we received a good response.

Staff knowledge upgradation

To enhance the staff capacity, the team members attended workshop on sex and sexuality by Tarshi, Palliative care by Can Support. Mr. Mishra, consultant sent by Adoptionscentrum trained the team on proposal and report writing. The American Express Bank and Commonpurpose organised a five day leadership training workshop for NGO workers in Delhi, which was attended by Anuradha Mukherjee and Jaya Tiwari. Haq and Marg working on child rights were called in for conducting training session with care staff and children to have a sound understanding on child rights and abuse.

THE MILAN PROGRAMME

The Milan Project seeks to provide health, legal and social support to members of the LGBTQ community in Delhi. The project has weekly community meetings - *Humjoli*, outreach programmes and counselling and is presently supported by the Swedish organisation RFSU. Apart from these, the project has a drop-in centre which offers various facilities such as condoms, information on HIV and other STIs, vocational training (e.g. in English, computer skills, jewellery designing), a comprehensive English, Hindi media library and support groups. All of these services are provided free of cost.

Humjoli is one of the cornerstones of the Milan Project. It is a support group for members of the LGBTQ community where people come in for the meetings as well as the song and dance sessions. There is a doctor available for medical consultation. Medicine is provided free of cost to those who require it.

The facilitators present at the meetings discuss about various issues ranging from legal rights to family problems. Often documentaries and feature films pertaining to LGBTQ issues are screened at these meetings. They serve as an opportunity for people to come together and express themselves freely in a manner that is not yet acceptable in society. *Humjoli* takes place every Wednesday evening. Often when there is a festival or special occasion such as Holi, Diwali, Valentine's Day there is usually a special meeting with food and more singing and dancing than usual. The number of participants range from 40 to 70 people.

Another integral aspect of the Milan Project is the counselling service we provide, both telephonic and face-to-face from 9:30 am – 5:30 pm, Mondays through Saturdays. These facilities allow people to talk one-on-one with experienced counsellors in Hindi and English. The people who call discuss family trouble, problems with partner or even legal issues.

As part of the project, outreach is conducted at various cruising sites thrice a week where the counsellors hand out helpline stickers with information about Naz India's counselling services, pamphlets and condoms. The counsellors look out for sex workers who would benefit from information about HIV/AIDS but they try to talk to anyone from the LGBTQ community who could use their help. There is follow up on the cases to ensure the progress.

A numerical report of our progress is presented below:

April 2011 to March 2012	Drop-in Centre Attendance	Condoms Distributed	Tele-Counselling Sessions	Face-to-Face Counselling Sessions	Humjoli Sessions	Special Events
April	222	620	28	3	4	1
May	203	1,200	37	3	4	-
June	365	600	36	6	5	1
July	492	550	32	2	4	3
August	419	600	52	9	4	-
September	421	450	35	4	4	7
October	315	600	23	4	3	1
November	312	450	20	5	4	-
December	364	500	35	3	4	4
January	340	600	28	4	4	3
February	419	700	30	9	5	4
March	118	400	14	8	4	1

Some of the events organised by the Milan Project are listed below:

1. Movie screenings on Saturdays as a joint initiative with Queer Campus. These included *Many People, Many Desires*, *Best Friends Forever*, *Words Don't Cry*, *Love is Equal*, *Philadelphia*, *Who Am I?* (documentary), *Milk* among others. The post-screening discussion covered the challenges faced by the LGBTQ community.
2. On 8th July, Nigah organised a Salsa workshop at Milan Centre in collaboration with the LGBT organisations in Delhi. More than 80 people participated in this event.
3. On 23rd July, Queer Campus organised an open mike event called ***Queak - the Queer Speaks***. More than 30 people participated in this event. There were 12 performances including dancing, singing, poetry, art work, as well as interactions and conversation.
4. On 30th July, YP Foundation organised an event where 60 students from different colleges and universities participated and documentaries were screened.
5. On 12th September, Naz organised an event called AAM SABHA 'Reclaiming our choices' at St. Stephen's College in collaboration with YP Foundation, Jagori, Queer Campus, Must Bol and Equal India Alliance. Jaya Tiwari and Shashi Bhushan were the facilitators for this event.
6. On 20th September, a presentation was made on Section 377 and the position of LGBTQ community in India in a workshop organised by the Clinton Fellowship Program.
7. Two workshops on HIV/AIDS were conducted during the month of October for the volunteers from YP Foundation. Jaya Tiwari and Shashi Bhushan facilitated these.
8. On 9th December, Milan in collaboration with Nigah organized an event called "Conversations and Connections". Winston Wilde an amazing queer activist from the US talked about his life and multiple ways of living queerly.
9. On 12th December, Emme Edmunds, who is a midwife in California gave a session on sex and sexual health. She gave a condom and lube demo. 25 people attended this event.
10. On 17th December, Milan organized an event called 'Qsee-AID: The Ugly Truth' in collaboration with Queer Campus. Dan facilitated this workshop. At least 20 people participated in the discussion on HIV/AIDS.
11. On 5th January 2012, Milan conducted its first workshop on jewellery designing. 8 transgenders participated in this workshop and learned the art of bracelet making. This workshop is part of our collaboration with SIFE.
12. On 14th February, Milan organized an event called "meet my partner" on Valentine Day followed by a big dance party. Drop-ins came with their partners.
13. On 26th February, Milan organized its first lesbian support group meeting in collaboration with Queer Campus. 9 people took part in this meeting and discussed the vulnerable issues related with the lesbian life.

PEER EDUCATION PROGRAMME

The Levi Strauss Foundation in collaboration with Naz Foundation (India) Trust successfully completed its seventh batch of the Peer Education Programme. By the end of the year we had conducted 297 workshops in Delhi and NCR, 36 of them were outstation sessions, 10 awareness stalls and we reached out to 9,242 people.

For the initial two months, the team had to struggle to find the best candidates to be part of the peer education team. After many rounds to the North and South Campus of Delhi University we finally shortlisted 26 students as our peer educators.

Orientation Programme

The selected peer educators were formally inducted and orientated about the programme. They were provided formal training on HIV/AIDS basics. Topics like history, definition, difference between HIV and AIDS, the fluid chart, stages, testing and medicine were covered. The training also focused on the myths, legal and women's perspective.



Another important component that was covered in the training was *counselling*. To have a better clarity of the topics, movies were used as training tool.

It has been observed that people get confused with the term gender and sex. To clarify our peer educators' doubts regarding sexuality, we organised a training session on sex and

sexuality. This session ended with intensive discussion about sensitive issues like sexual identities, behaviour and types.

The peer educators underwent a session on *communication* conducted by a resource person from PATH. The objective of the workshop was to make the group understand the importance of communication in the context of dealing with sensitive issues like HIV and sexuality. The resource person spoke extensively about the six components of communication i.e. message, methods, attitude, facilitation skill, focus and outcome.

Mock sessions

After the completion of the trainings, it was time to prepare the peer educators to conduct mock sessions. These sessions helped them to clarify their doubts and to understand their shortcomings. They underwent drastic change in their attitude towards the HIV positive people.

Retreat

Dharamshala, a famous hill station in Himachal Pradesh, specially known for its scenic beauty and the living legend Dalai Lama was chosen as the destination for the retreat for the peer educators. Along with recreational activities, we covered one important component that is *lifeskills*. The peer educators prepared sessions and presented them to the rest of the group. We gave our inputs/feedback towards the end of the sessions to help them understand the areas of improvement.

Peer Educators Session

After completing their mock session, the peer educators started approaching the schools, institutions and NGOs. Our peer educators conducted and completed their sessions to spread awareness about HIV among young people. Some of the common queries that came from the groups were:

- What will happen if someone injects the virus into the blood stream of another person?
- How can mosquito transmit dengue and malaria and not HIV?
- What are the government policies concerning ART?
- If both the partners are positive, then what is the need to use condoms?
- Does sexual contact during menstruation lead to pregnancy?
- Can HIV be transmitted if either partner has undergone tubectomy or vasectomy?
- Does an HIV positive woman only deliver a positive child?

This year we reached out to

Schools - American School; Govt School at Roop Nagar and Kalkaji; Sarvodaya Coed School at RK Puram; Khaitan Public School; CSKM School; Kulachi Hansraj School; Lady Shri Ram School; Kendriya Vidyalaya at Gurgaon; Tender Heart; Bluebells International

School; Adarsh Public School; Montfort School; IR Govt School; KIIT World School; Decent Public School; Gyan Devi School; Vinoba Bhave School; Harshrup Memorial School; Angarlok School; Laxman Public School.

Outstation schools - Hansraj Public School, DAV School, Dev Nagri Inter College, Mufid.E.Aam (Guloathi), Ganesh Marg Adarsh Inter College (Bulandshahr)

Colleges - Lady Shri Ram, Kamla Nehru, Ramjas, Lady Irwin, Janki Devi, Manav Rachna, Jamia, Institute of Home Economics

NGO - AADI, Swasth, A.V. Baliga Trust, Manch, Shine Foundation, Vinamra, Salaam Baalak Trust, Bal Sahyog, Root Institute, Urivi Vikram Charitable Trust, SOS Village, Kutumb Foundation, Aman Biradari, Health Fitness Society, CASP, Pratidhi, Centre for Advocacy and Research (CFAR), Prayatn, MIXORG, Apna Ghar, Shafa Home, Don Bosco

Government sector - Haryana Institute of Public Administration, National Institute of Public Cooperation and Child Development (NIPCCD) and Tihar Jail (prison)

Community - Fishermen, migrant labourers, drug users, night shelter residents.

Closing Event

All the peer educators came and shared their experiences at the closing event for the programme. We distributed certificates to the deserving peer educators.

INSTITUTIONAL CAPACITY BUILDING TO ENHANCE CARE AND SUPPORT FOR CHILDREN INFECTED AND AFFECTED BY HIV/AIDS

The number of children orphaned by HIV and living with the infection is on the increase. With parents dying due to HIV related illnesses, children face a lot of stigma and discrimination. The lack of support systems and access to basic amenities hinders care and support to these children. There is a constant demand from places across the country to accommodate more children. There is a need to respond immediately to ensure better services to children infected and affected by HIV. We need to provide institutional care to the children as well as provide home based care to the affected families.

In order to address this issue, the Naz Foundation (India) Trust and the American India Foundation (AIF) have come together with this project aiming at Institutional Capacity Building to Enhance Care and Support for Children Infected and Affected by HIV/AIDS. The project focuses on providing technical support to organisations working for care and support of children infected or affected by HIV.

Activities undertaken during the reporting period

Needs assessment of institutions to be trained

In January-February 2012, the AIF-Naz India team of Charu Johri, Anuradha Mukherjee and James Veliath visited six child care institutions, specifically taking care of children living with HIV, in the state of Maharashtra. The institutions are Manavya Gokul, Pune, Mamta Foundation, Pune, Snehalaya, Ahmednagar, Sevalaya, Latur, Bhagini Nivedita Balgruha, Sangli and Karunalaya, Kolhapur.

The main objective was to conduct baseline assessment of the existing organisations working to provide care and support and build the capacities of families and children infected or affected by HIV. This assessment would enable us in selecting the partner organisations that could be provided capacity building to provide quality care and support to children infected and affected by HIV and those vulnerable to it. This visit has helped the team in understanding different issues faced by the care homes and the scope for improvement.

The care home staff were not informed of the importance of the disclosure procedure. Psycho social support and issues related to adolescence, sex and sexuality, career counselling etc are the areas which need to be addressed. Since there is no formal training many of the staff, especially the caregivers, have limited and outdated knowledge. In one of the care homes, malnutrition is a big issue. In many places adequate measures are not taken for the safety and security of the children. We had limitation in knowing the motivational level of lower level staff as we could not directly interact with them. Only services of two of the organisations were found to be satisfying.

Manual for Capacity Building of Care Homes

The team is working on bringing out a more comprehensive training manual for the capacity building of care home staff. The manual contains four parts covering areas like basics of HIV,

counselling, treatment, social support, career and education of the CLHAs, rights of the children, planning for the future of the children and is getting ready for printing. The manual will have lots of illustrations to make it user friendly. It is designed to provide standard curriculum to be used primarily by care home staff and health professionals connected to them to provide quality service, care and treatment to the children. Efforts have been taken to simplify it and adequate information and materials provided to address needs of training sessions.

Identifying organisations in Maharashtra and Andhra Pradesh

The team has identified six organisations in Maharashtra and 15 organisations in Andhra Pradesh with whom we could work. We have collecting more information on these organisations and assessing them.

Advocacy

The team members actively participated in some of the national level programmes and campaigns for safeguarding the rights of the people who are infected and affected by HIV. Campaign for the HIV Bill, Pride march and NGOs intervention in finalising the NACP IV are some of the examples.